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The UK's own, Best-Selling Author Mimi Novic, hosts the uniquely inspiring and heartfelt new podcast *Secrets For An Inspirational Life*.

From the offset, it's clear to tell that love and a deep-running belief in better are what drive the host, and this optimism and motivational energy quickly transfers to the listener as these episodes play out.

In the past couple of months alone, Mimi has compiled and released over thirty episodes of the podcast, many of which feature compelling interviews with experts in a plethora of different fields.

In keeping with the theme here on the site, a recent episode welcoming actor and singer-songwriter Elroy 'Spoonface' Powell makes for a strong starting point.

The artist and producer has built an impressive name for himself over the years, not just in music but through working as an actor and voice-over in various renowned formats. Not only does Mimi's introduction to Powell lay out a clear understanding of his background, but her welcoming and genuinely inquisitive, interested manner of questioning effectively opens the floor for him to be entirely and unequivocally honest and genuine as he details the journey that led him to where he is today.

This is actually one of the most refreshing and easy to get into podcasts from the motivational or inspirational categories. Rather than simply relaying half-pondered monologues, Mimi clearly takes her time to plan and structure her show, and the guests featured throughout seem consistently real, compassionate and inspiring, in a natural way. Nothing is forced or faked, and the stories presented touch on many of the struggles and successes alike that make up an inspirational life. Even during episodes without guests, Mimi speaks from a place of real experience and sensitivity, which comes across with a level of purity and good intention – admittedly rare traits in the growing podcast world.

Other songwriters appear on older episodes of the show, and amidst the collection are also discussions about fearlessness, finding your self-worth, forgiveness, overcoming pain, relationships, and everything in between. An easy one to let play, and I look forward to future episodes.

Check out all episodes via [Apple](#) or [Anchor](#). Find & follow host Mimi Novic on [Facebook](#), [YouTube](#), [Twitter](#) & [Instagram](#) or visit her [Website](#).



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