

MUSIC

SECRETS FOR AN INSPIRATIONAL LIFE PODCAST

written by [Beach Sloth](#) | January 2, 2021



Secrets For An Inspirational Life Podcast serves as a sonic oasis from the hustle and bustle of daily life led by the calming presence of Mimi Novic. Relaxation proves to be in ample supply for the easy-going nature of Mimi and her guests offers a quiet, peaceful place. Everything about the sound, from the sparse yet carefully considered production to the ultimately kind and patient pace of the series feels honestly lovely. Her message is a calm reassurance, a reiteration that everyone matters and everyone's search for inner peace and purpose is worth taking. True enlightenment oftentimes feels quite daunting but Mimi goes out of her way to make sure no listener ever feels that pressure. Due in large part to this insistence the series flows in a naturalistic, organic fashion.

By exploring the lives of such unique artistically inclined individuals she uncovers the universal truths of life. Unifying themes of transcendence, discovery, and inner peace emerge throughout. Her Podcast series resembles that of a conversation with a dear old friend for these are not merely guests but people she respects and admires. A deep understanding of their work also helps and proves to be abundantly clear. Mimi does her research on each guest and this is doubly refreshing for it leads to some rather fascinating moments.

The musical cadence of her voice serves as the bedrock to the whole experience and is deftly suited to the task. An emphasis on music appears throughout both in her own background and in the background of her guests. Carefully parsing her words and exploring the meaning behind her guests' expressions, she allows a great deal of freedom in terms of the range of topics, interests of the guests, as well as trying to understand the spark that makes life feel so extraordinary. Her guests come from all walks of life and at varying stages of their careers, which further lends her unique style an authenticity that feels welcoming.

Within each episode she incorporates a bit of mystery for it is an essential part of any life. For all that remains known, there is much more that has yet to be revealed, if it ever will. She makes peace with this and implores the listener to do the same, even viewing this feature with a bit of playfulness. This is actually a rather novel insight. The typical response to an unknown in whatever form it may be, is usually one of anxiety, with the unknown a cause of tension. Mimi refuses to make anything typical and it is this feature that makes her series so absolutely beguiling. By not only expecting the unexpected but welcoming it, one can change a life by living it with a sense of happiness instead of stress.

Mimi Novic's Secrets For An Inspirational Life Podcast has a gentle demeanor one that soothes the soul offering moments of clarity.

[Mimi Novic - YouTube](#)

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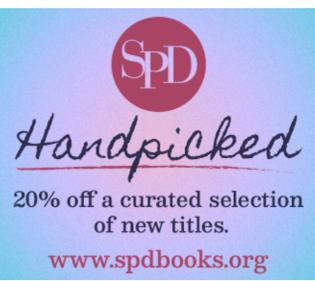
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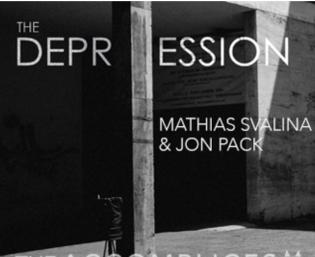


f t i



i have never wanted to kill myself but i have / always been keenly aware / that i could die any day / i have / always been sure something was trying / to kill me

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KellieT This has been such an amazing resource for me and many others. I know this site will be sorely missed.
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Jeannine Hall Gailey Thank you for all you've done. A great resource for writers that I recommended many times!
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Janelle Justin, thank you for compiling these "Where to Submit" lists all these years- I have turned to you religiously to find places to submit my strange little poems, and many of my publications are thanks...
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- The Birds
- Dinnerview
- WOVEN
- Variations on a Theme
- BLACKCACKLE
- COVID-19
- Literacy Narrative
- Mini-Syllabus
- Their Days Are Numbered
- On Weather
- Disarticulations
- The Waters
- Session Report series
- Birdwolf
- Comics I've Been Geeking Out On
- Small Press Releases
- Books I Hate (and Also Some I Like)
- The Poetics of Spaces
- Tales From the End of the Bus Line
- Food and Covid-19
- Fog or a Cloud
- 30 Years of Ghibli
- Cooking Origin Stories
- YOU MAKE ME FEEL
- Ludic Writing
- Foster Care
- Best of 2019
- The Talking Cure
- Best of 2020-2021
- Stars to Stories
- DRAGONS ARE REAL OR THEY ARE DEAD
- LEAKY CULTURE
- Jem and the Holographic Feminisms
- D&D with Entropy

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